**Addressing comments from Reviewer 2**

*Thank you for the opportunity to review your manuscript.*

*This manuscript presents a study designed to investigate the association between subjective and objective tools to assess physical effort. The theme itself fits the scope of the IJERPH journal and the special issue. The reference list is recent and adequate (several references published in the last 5 years) and the less recent references were mainly used to contextualize the theme. This type of study in real working conditions is very challenging and has several interferences, but I believe that they represent the real exposure despite all the limitations (which are common in field studies involving EMG). In my opinion articles promoting the translation of human factors and ergonomics theory and methods into practice are worthy of publication. One of the drawbacks of the article is the sample (n) and the context of the study, which can reduce the impact of the study and the readers interest.*

We also thank you for your review and feedback. Regarding the sample size of this study, the number of 24 was chosen to initially compare ergonomic exposure parameters between the ladder- and platform-based harvesting techniques. We also believe that the amount of data could cover the context of this population. However, we are aware that the generalizability could be extent to only the industrialized orchards and the results may not be the same as the traditional orchards.

***Specific comments:***

*Line 39 – remove the repeated sentence*

Thank you again. We removed the mentioned sentence accordingly.